

Body groove

Chorus

Body groove, body groove
Body groove, body groove

Verse 1

Move your body from side to side
First move left and then move right
Jump up high and bend down low
Now get ready to go go go

Chorus

Body groove, body groove
Body groove, body groove

Verse 2

Stretch your arms out really wide (stretch your arms out)
Hug yourself with all your might (all your might)
Clap your hands and spin around (spin around yeah)
Play the drums, let's make some sound (make some sound)

Chorus

Body groove, body groove
Body groove, body groove

Bridge

Groove your body, to the beat
Groove your body, when you're in the street
Disco dancing, you're a star
Go Seek 1, 2 – Aaahhhhhhhhhhhh

Chorus

Body groove, body groove
Body groove, body groove

Instrumental

Verse 2

Try to balance on one leg (body groove yeah!)
Hands on hips and nod your head (body groove)
Stamp your feet and flap your wings (body groove yeah)
All together – Let's Sing!
Aaaaaahhhhhhhhhhhh

Chorus

Body groove, body groove,
Body groove, body groove
Body groove, body groove,
Body groove, body groove.